**Weekly accountability Worksheet**

**Co-Active Sales**

**CTI Business Builder Workshops**

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: \_\_\_\_\_\_\_\_\_\_\_

**Progress towards your target 90 day goal:**

**Number of new clients I want to add to my practice during this 90 Day program \_\_\_\_\_**

**Number of clients I’ve added since I began the Co-Active Sales Program: \_\_\_\_\_**

**Weekly Commitments:**

I commit to getting \_\_\_\_\_\_\_ number of new clients this week

I commit to doing \_\_\_\_\_\_\_\_ number of sample sessions this week.

I commit to setting up \_\_\_\_\_\_\_\_ number of sample sessions this week.

I commit to talking about my coaching practice, either voice-to-voice or face-to-face, with \_\_\_\_\_\_\_\_ number of contacts this week.

I commit to the following for my self-care this week: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Additional Commitment: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_